



Welcome to the Main Street Monthly Connect! January 2021

Main Street's e-newsletter brings project updates, events, community resources and more to your inbox the first Friday of every month.
Thank you for being a part of the Main Street community!



Main Street Membership 2021 It's Time to Enroll!

We know you share in our excitement as we announce our two brand new Main Street membership options: **CORE** (a la carte/pay per program) and **PLUS** (all-inclusive)!

Both options allow members to register and attend all Main Street programs (member events and community events) and include access to a Member Portal, as well as a private Facebook community.

With over a dozen programs to choose from each week and a supportive community building real connections, we know you will find your own space of belonging at Main Street. As a member, you are an important part of a community that values and celebrates people of all abilities.

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Learn about all the benefits of both membership options and **JOIN!**

Join Now

We want everyone to be a member of our inclusive Main Street community! Financial assistance is available to help cover membership fees. Assistance is based on need and available on a first-come, first-served basis. To inquire about an application, please email membership@mainstreetconnect.org. The process is confidential.

Still have questions? You are invited to join us for a Membership Information Session on Monday, January 11, at 4:00 pm.

Conversations Matter

A Virtual Series Examining Social Injustice

Tuesdays at 7 pm beginning January 19

Because we believe that meaningful conversations are a powerful tool in the work against inequality, Main Street has partnered with the Montgomery County Collaboration Council, Donte's Boxing & Wellness Foundation



and Virtues Matter to host a four-part series beginning Tuesday, January 19. The series is free and open to all!

Weekly topics and speakers will include:

- *Local Black History in Maryland and Montgomery County*
Elijah Wheeler, Dr. Philip J. Merrill, Shellee Haynesworth
- *The Intersection of Race and Disability*
Tatiana Lee, Lachi
- *Taking Action*
Rodney Glasgow
- *Sustain the Change*
Dara Feldman, Donte Brown, Barbara Talley

Find more information and register [here](#).

Conversations Matter is made possible in part by the generosity and support of Maryland Humanities and an anonymous donor.

Main Street Art Exhibit Opening **"Caring for Humanity and for Life"** **by Artist Mara Clawson**

Tuesday, January 12, at 7 pm

Main Street is excited to feature the art of member and local artist Mara Clawson in our community gallery starting in January! Join us virtually for the opening of this special exhibit as Mara shares insights about her art and her creative process.



Register [here](#).

See more of Mara's work on her website maraclawson.com.

Main Street Participates in **National Day of Service Honoring MLK**

Monday, January 18, at 4 pm

Main Street will join the Presidential Inauguration Committee's National Day of Service honoring Martin Luther King Jr. Our service project will benefit our local animal shelters and rescues.



Join us on January 18 for an interactive "doggie treat" cooking session, meet a local dog in need of a home and donate needed items to The Lucky Dog Rescue and Little Black Dog Rescue.

Learn more and register [here](#).

December Programming Highlights

Fall membership may have wrapped up midway through December, but we kept going strong with an additional 15 programs before the new year!

Those programs included a special cooking event led by chef Mike Selman, a Zumba class by our amazing new instructor Maricel and our first ever Tai Chi Ball Qigong class led by Kathy!



We ended 2020 with a bang: a Main Street New Year's party with over 60 attendees, amazing dance moves and an epic celebratory toast where everyone had the chance to share their highlights from the past year!



2020 Nonprofit of the Year Honor Rockville Chamber of Commerce

Thank you to the Rockville Chamber of Commerce for naming Main Street as the



2020 Nonprofit of the Year! We love being an active member of the chamber and love being in the City of Rockville!

View all the Rockville Rockstar awards [here](#).

Chef Sed Monday Meals 2021 Updated Order Site

Chef Sed has resumed weekly Main Street meals on Mondays with new menus inspired by his travels.

"What I love about food is its ability to take you places without leaving home! The pandemic has given me time to dream up all kinds of inspired recipes and now my clients and



friends get to try them, one delicious bite at a time!"

Orders must be placed by **Friday at 3 pm** for pick up the following Monday between 5:00 and 6:30 pm in the mail room of the Main Street lobby.

UPDATE! You can view weekly menu options and place your order **directly from Chef Sed's King Fish website [HERE!](#)**

In Honor of Tommy Raskin **One Small Act of Compassion**

Following the tragic death of Tommy Raskin, son of Congressman Jamie Raskin and Sarah Bloom Raskin, an effort was started to support the Raskin family and to remember Tommy through acts of compassion. Please consider doing one small act of compassion in Tommy's honor. Share these acts by Sunday, January 10, via [this link](#) or email mcdonough.kari@gmail.com. The list will be shared with the Congressman's staff. No act is too small – whether it is calling an old friend or picking up trash in your neighborhood. Tommy was beloved and all descriptions of him showcase his kindness and his compassion. Please feel free to forward this information to other neighbors and listservs. Many thanks to the caring individuals who thought of this lovely way to support the Raskin family and to honor their dear son.



Those who wish to make a financial contribution may donate to the [Tommy Raskin Memorial Fund](#) established by the Raskin family.

Soulfull Cafe **Updated Winter Hours**

Soulfull Cafe has adjusted their hours for the winter season:

Monday through Thursday:



7 am until 2 pm



Friday: 7 am until 6 pm

Main Street Smiles Amazon Designated Charity

Main Street Connect is an AmazonSmile charity. From the link below, you can sign into your own account and Main Street will become your preferred charity. Amazon will donate .5% of your purchases to Main Street. This is an easy way to support Main Street while you shop!

<https://smile.amazon.com/ch/81-5280080>

Main Street is an inclusive, community-centered residential development, the first of its kind in the Washington metropolitan area, where 25% of the apartments are designated for adults with disabilities. Main Street is located at 50 Monroe Place in Rockville Town Center and opened doors in August 2020. Main Street is a 501(c)(3) nonprofit organization.

[donate](#)

Connect with us on [Facebook](#), [Twitter](#), [LinkedIn](#), [Instagram](#) and [our website](#) to stay updated on all Main Street news and events!

Website: mainstreetconnect.org
Email: info@mainstreetconnect.org