

## FOR IMMEDIATE RELEASE

**Contact:** Main Street Connect

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## **Main Street Connect and the City of Rockville Police Host Neighborhood Health & Safety Day – A Free, Family-Friendly Community Event**

**Rockville, MD - June 2, 2026** - [Main Street Connect](https://www.mainstreetconnect.org/) - whose mission is to create dynamic opportunities through affordable, inclusive housing and community engagement so people of all abilities can live their best lives - and the Rockville City Police Department are again teaming up for a fun and educational Neighborhood Health & Safety Day on **Saturday, June 6 from 10:30 am to 1:00 pm** at 50 Monroe Place, Rockville, MD 20850. This **free event is open to all** and designed for people of all ages and abilities. Highlights include:

- **Bike Safety Demo** - Tips and tricks for safer cycling from the pros
- **K-9 Demo** - Meet Dare, the floppy-eared star of the Rockville Police K-9 team
- **Fire Safety House** - Discover hidden fire hazards inside a mini house on wheels
- **Hands-Only CPR Demo** – Learn a simple skill that could one day save a life
- **Mock Traffic Stops** - Know what to expect
- **Push-Up Contest** - Think you’ve got what it takes? Find out!
- **Emergency Vehicles** - Get up close with police cruisers, a fire truck, and a mobile communications center
- **Free Frozen Treats** - Cool off with a treat on us (first 100 attendees!)
- **Music with DJ Matt** – Dance to upbeat tunes
- **Prizes & Raffle** – Fill your “event passport” to earn a prize and a chance to enter a raffle
- **Food** – Available for purchase from The Bean Bag Deli at Main Street

“Neighborhood Health & Safety Day is a unique opportunity to bring our community together in a meaningful way,” said Main Street Executive Director Tara Owens. “It’s a chance for people of all abilities to build relationships with the first responders and health professionals who serve them, and for those professionals to learn about the needs of the people in their community. We hope everyone will join us for a fun and impactful day.”

This event is **rain or shine**. Many thanks to Presenting Sponsor **Wegmans**! Register and get updates at:

[events.mainstreetconnect.org/events/179439](https://events.mainstreetconnect.org/events/179439)

### **About Main Street**

Main Street is an affordable, accessible, and inclusive community center for adults of all abilities located in Rockville, Maryland. There is something for everyone at Main Street - from baking lessons and book clubs to fitness classes, art workshops and professional lunch-and-learns. By creating a culture of kindness and possibility, Main Street empowers people with and without disabilities to lead happier, healthier and more fulfilling lives. Learn more at [mainstreetconnect.org](https://mainstreetconnect.org).

### **About the City of Rockville Police Department**

The City of Rockville Police Department is committed to protecting and serving the community through law enforcement, police services and education. They strive for an open, working relationship with neighborhoods, schools and businesses to keep Rockville a safe and great place to live and work.